

# Snowshoeing Essentials Checklist

presented by Utah Outdoor Adventures

## You should bring:

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Hat         | <input type="checkbox"/> Toilet Paper  |
| <input type="checkbox"/> Gloves      | <input type="checkbox"/> Extra Snacks  |
| <input type="checkbox"/> Sunblock    | <input type="checkbox"/> Waterproof Coat                                     |
| <input type="checkbox"/> Lip Balm    | <input type="checkbox"/> Eye Wear/Sunglasses                                 |
| <input type="checkbox"/> Snow Pants  | <input type="checkbox"/> Wicking Undergarments<br>(socks, long-johns, shirt) |
| <input type="checkbox"/> Extra Water | <input type="checkbox"/> Snow/Waterproof Hiking Boots                        |

## Your guide will bring:

- NEOS
- Water
- Snacks
- Snowshoes
- Trekking Poles

If you have any gear that UOA provides such as: snowshoes, poles, NEOS, Gai-  
ters etc., we encourage you to bring  
them for comfort.

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